

THE PANDEMIC HAS IMPACTED WORK AND FAMILY LIFE

41%

of Americans feel their obligations at home have increased 75%

of those employed report at least one challenge to working during the pandemic 36%

of those employed/ previously employed think the pandemic will have a negative long-term impact on their career

WOMEN AND YOUNGER ADULTS ARE MOST LIKELY TO REPORT A VARIETY OF IMPACTS.



AMONG ALL ADULTS, FOUR IN TEN (41%) FEEL LIKE THEIR OBLIGATIONS AT HOME HAVE INCREASED SINCE THE PANDEMIC.

55% report their home obligations have stayed the same. Just 4% report their responsibilities at home have decreased.



WOMEN ARE MORE LIKELY

than men to say their obligations at home have increased since the pandemic (45% vs. 36%).



AN INCREASE IN HOME OBLIGATIONS

is more likely to be reported among Gen Z/Millennials (49%), and Gen X (48%) compared to Boomers (30%) and the Silent generation (15%).



MARRIED ADULTS (46%)

and those with children in the household (62%) are also likely to say their home obligations have increased (compared to 34% among those not married; and 33% of adults without children).



EMPLOYED AMERICANS (46%)

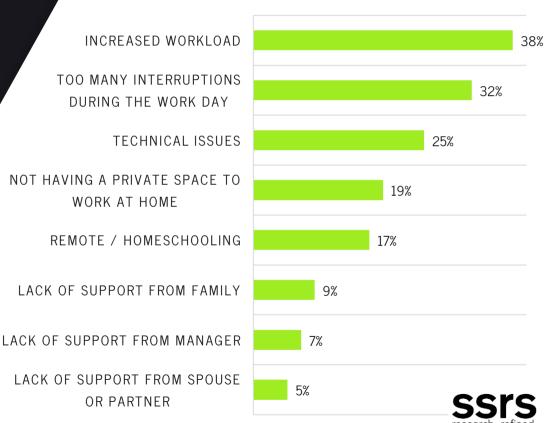
say their home obligations have increased compared to 30% among those not employed.



THREE QUARTERS (75%)
OF EMPLOYED ADULTS
REPORT EXPERIENCING
ONE OR MORE
CHALLENGES WHILE
WORKING DURING
THE PANDEMIC.

Overall, working women are more likely than working men to report at least one challenge (80% vs. 67% of men).

AMONG THOSE EMPLOYED, THE BIGGEST CHALLENGES WHILE WORKING DURING THE PANDEMIC INCLUDE:



AMONG THOSE EMPLOYED, THE BIGGEST CHALLENGES WHILE WORKING DURING THE PANDEMIC INCLUDE:

INCREASED WORKLOAD: 38%



35% OF MEN



HIGHEST AMONG GEN X (40%), 38% GEN Z/ MILLENNIALS, 33% BOOMERS



43% AMONG MARRIED VS. 32% AMONG NOT MARRIED



46% AMONG THOSE WITH KIDS IN HOUSE; 34% WITHOUT

TOO MANY INTERRUPTIONS DURING THE DAY: 32%





HIGHEST AMONG GEN Z/ MILLENNIALS (39%), 30% GEN X, 24% BOOMERS



37% AMONG MARRIED VS. 26% AMONG NOT MARRIED



46% AMONG THOSE WITH KIDS IN HOUSE; 27% WITHOUT



AMONG THOSE EMPLOYED, THE BIGGEST CHALLENGES WHILE WORKING DURING THE PANDEMIC INCLUDE:

TECHNICAL ISSUES: 25%



28% OF WOMEN 22% OF MEN



HIGHEST AMONG GEN Z/ MILLENNIALS (31%), 20% GEN X, 22% BOOMERS NOT HAVING A PRIAVTE SPACE TO WORK AT HOME: 19%

21% OF WOMEN 18% OF MEN



HIGHEST AMONG GEN Z/ MILLENNIALS (26%), 17% GEN X. 8% BOOMERS



25% AMONG RENTERS VS. 16% AMONG HOMEOWNERS

REMOTE / HOMESCHOOLING: 17%





HIGHEST AMONG GEN Z/ MILLENNIALS (22%), 17% GEN X. 3% BOOMERS



42% AMONG PARENTS VS. 6% WITHOUT KIDS



MORE THAN ONE-THIRD (36%) OF THOSE CURRENTLY EMPLOYED OR EMPLOYED PRIOR TO COVID BELIEVE THE PANDEMIC WILL HAVE A NEGATIVE IMPACT ON THEIR LONG-TERM CAREER GOALS.

Those who think they will experience a negative long-term career impact include:



38% Gen Z/Millennials, 34% Gen X and 32% Boomers

41% Among Not Married vs. 32% Among Married



OVER ONE IN FOUR (28%)
BELIEVE IT WILL HAVE A
POSITIVE IMPACT AND
35% SAID NO IMPACT.



Women are more likely than men (33% vs. 22%) to report a

positive impact

on their long-term career goals.



METHODOLOGY

Interviews for this study were conducted on the SSRS Omnibus from March 2-7, 2021 among a nationally representative sample of 1,008 respondents age 18 and older. The margin of error for total respondents is +/-3.79 percentage points at the 95% confidence level. The design effect is 1.50.

The SSRS Omnibus is a national, weekly, dual-frame bilingual telephone survey. Each weekly wave of SSRS Omnibus consists of 1,000 interviews, of which 700 are obtained with respondents on their cellphones, and a minimum of 35 interviews completed in Spanish. Sample provided by MSG. For more information visit www.ssrs.com or contact info@ssrs.com.

QSPOT1. Were you employed full or part time prior to the start of the COVID-19 pandemic?

QSPOT2. Will your job return after the pandemic ends?

OSPOT3. Are/were you in a supervisory or managerial role, or not?

QSPOT4. What is your current work environment?

QSPOT5. Since the pandemic, do you feel like your obligations at home have ...?

QSPOT6. Which, if any, of the following are the biggest challenges you are experiencing while working during the pandemic?

QSPOT7. Overall, do you think the pandemic will have a positive or negative impact on your long-term career goals?





